Ride & Dine at Coastal Haven

Maqilat/Omlettes

Mqila Shrimps — $4.50
Shrimp, eggs, tomatoes, garlic, onion, olive oil, fresh parsley or cilantro, paprika, cumin, salt, black pepper, lemon juice, chili

Mqila Kefta — $3.50
Ground beef kefta,, grated cheese, onion, tomatoes, garlic, olive oil, fresh parsley or cilantro, paprika, cumin, salt, black pepper.

Berber Omelette with Vegetables — $2.50
Eggs, tomatoes, bell peppers, eggplant, onion, garlic, tomato sauce, olive oil, fresh parsley or cilantro, paprika, cumin, salt, black pepper, chili.

Smoked Turkey & Cheese Omelette — $4.00
Eggs, smoked turkey, grated cheese, onion, parsley, olive oil, salt, black pepper, paprika.

Plain Omelette — $1.50

Salades

Salade Marocaine — $3.00
Tomatoes ,cucumbers, onions ,parsley ,cilantro ,olive oil ,lemon juice ,cumin ,salt ,black pepper

Salade Cesar — $4.50
Romaine lettuce ,grilled chicken ,parmesan cheese , croutons ,Caesar dressing ,lemon juice , black pepper

Coastal Haven Salad — $6.50
Cherry tomatoes ,mixed seafood ,lettuce , cucumber ,avocado ,red onion ,olives ,sweet corn , lemon juice ,olive oil ,parsley ,salt ,black pepper

Fruit Bowls

Fruit Bowl – Yogurt Base — $6.00
Greek yogurt, seasonal Fruits, honey, granola,
coconut flakes

Fruit Bowl – Iced Fruit Base — $7.00
Frozen seasonal, coconut flakes ,honey ,granola

Tagines & Couscous

Tagine Boeuf — $7.50
Beef ,onions,garlic ,olive oil ,parsley ,cilantro ,ginger turmeric ,cumin ,paprika ,black pepper ,salt ,preserved lemon, calamerlised prune with sesam, almond

Tagine Chicken — $5.50
Chicken ,onions ,garlic ,olive oil ,parsley ,cilantro ,ginger turmeric ,cumin ,paprika ,black pepper ,salt ,preserved lemon, caramelised raisins

couscous — $5.50
Semolina couscous ,chickpeas ,veggies ,olive oil ,parsley ,cilantro ginger ,turmeric ,cumin ,black pepper ,salt ,caramelised onion

Tagine Veggie — $4.50
Potatoes ,carrots ,zucchini, tomatoes onions, bell peppers, eggplant chickpeas ,garlic ,olive oil ,parsley cilantro ,ginger ,turmeric ,cumin paprika ,black pepper ,salt

Seafood Tagine — $8.50
Shrimp ,squid ,mussels , fish tomatoes ,onions ,garlic ,olive oil parsley ,cilantro ,paprika ,cumin ginger ,black pepper ,salt ,lemon juice

**"Tagines and couscous made fresh to order
please place your order at least 3hours in advance"**

Breakfast

Berber Breakfast
olive oil, Amlou, butter, honey, cheese, moroccan olives, tomato omlette, homemade bread, Orange juice, hot drink of your choice

Continental
Fresh bread, butter, jam, honey croissant , cheese, yogurt, fresh fruits, orange juice, hot drink of your choice

Coastal Haven Surfer
Avocado toast, poached or scrambled eggs ,cherry tomatoes avocado, fresh herbs, yogurt with fresh fruits, Orange juice, hot drink of your choice

Add-Ons

Avocado	$0.50
Eggs	$0.50
Granola	$1.00
Greek Yogurt	$1.50
Cheese	$0.50